

# Experienced Perinatal Mental Health Social Worker/Mental Health Nurse/ Psychologist/ to work at Gidget House Taree and/or Muswellbrook.

We offer immediate or flexible start dates, client sourcing, administrative support and service promotion. No rental or overheads contribution is required.

#### The Position:

We're looking for Mental Health Social Workers, Mental Health Nurses, Clinical Psychologists or Registered Psychologists, to deliver face to face psychological support at Gidget House Taree and our newly established Gidget House in Muswellbrook, both located at Tresillian Family Care Centres. <u>Please note that clinicians are able to provide a blended service delivery with both face-to-face and telehealth consultations currently on offer to clients.</u>

Our specialist perinatal (conception to one year postpartum) clinicians provide a wide range of individual, couple and parent-infant therapies to women and their partners. In addition to pre-conception counselling, we offer services to those experiencing, or at risk of developing, perinatal depressive, anxiety and trauma or stressor-related disorders. Support is also provided to women and their partners who have experienced a pregnancy or childbirth-related loss, e.g. stillbirth, miscarriage or termination.

Remuneration for psychologists and accredited mental health social workers is the current <u>Medicare Better Access Initiative rebate amount for a 50+ minute consultation</u>. Remuneration for non-accredited mental health social workers and mental health nurses is \$77.80 per session (equivalent to the Medicare Better Access Initiative rebate for accredited mental health social workers) provided through external funding.

### The Foundation offers:

- For non-accredited mental health social workers, the Foundation will offer to fund accreditation training so that the Medicare Better Access Initiative can be accessible to clinicians.
- Full-time or multiple part time contractor positions.
- Centralised appointment booking and management.
- Opportunity to specialise in perinatal mental health and early intervention.
- Supervision (group & individual) and profession development opportunities.

#### **Requirements:**

- If the Foundation funds accreditation training for mental health social workers, the clinician will be required to commit to working with the Foundation for a minimum of 12-months post training.
- Demonstrated proficiency in comprehensive psychological assessment and evidence-based therapy relevant to expectant and new parents with perinatal mental health issues.
- AHPRA registration with endorsements in psychology, accreditation as a mental health social worker (or eligible to complete), or credentialing as a mental health nurse (or eligible to complete).
- At least 3 years post-registration experience, with specific experience working with perinatal clients or in a
  complementary field. (For social workers and mental health nurses, demonstrated independent caseload
  management experience with perinatal clients, if accreditation is not yet complete, candidates will still be
  considered).
- Demonstrated ability to work within a recovery-oriented model, utilising a person/family centred approach.
- Demonstrated high level communication, interpersonal and problem-solving skills.
- Ability to work independently under approved professional supervision.
- Effective caseload management.

Gidget Foundation Australia

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### The Foundation:

Gidget Foundation Australia is a not-for-profit organisation that supports the emotional wellbeing of expectant and new parents. "Gidget" was the nickname of a vibrant young mother who tragically took her own life while suffering postnatal depression. She hid her suffering from even her loving family and friends. Together, they created the Gidget Foundation Australia determined that what happened to Gidget would not happen to others.

## To Apply:

Please submit your resume and cover letter to <u>vacancies@gidgetfoundation.org.au</u>. Referees will be sought upon short list completion. Please contact Peni Bailey, Gidget House & Start Talking Program Manager for further enquiries, <u>Peni.Bailey@gidgetfoundation.org.au</u> or 0438 761 329.