

# ON SAFARI

GIDGET LADIES' LUNCH

FRIDAY 10TH MAY 2019

ICC, GRAND BALLROOM, DARLING HARBOUR



GidgetFoundationAustralia

## A MESSAGE FROM THE CEO AND THE CHAIRPERSON

Jambo!

We are delighted to welcome you to the 2019 Gidget Ladies' Lunch. As this year's theme is 'Gidget on Safari', we hope you're ready to embrace your wild side. Prime yourself for an adventure as today is going to be fabulous!

We are genuinely grateful to Leila McKinnon for emceeing our lunch and very thankful to Julie Bishop who travelled across the country just to inspire us all today as our keynote speaker!

We are yet again humbled by the support of the 'Gidget sisterhood', that is each and every one of you who have attended not only today's lunch, but this event year after year. Thank you for your generosity and for being a terrific group of women to share this experience with. As mothers ourselves, we know how challenging 'the juggle' is, so we don't underestimate all that's been done in the background to get you here today.

With motherhood in mind, we acknowledge and commemorate Mother's Day this Sunday. Given the Gidget Foundation's support of expectant and new parents experiencing perinatal depression and anxiety, this Mother's Day, let's celebrate our mothers and mother figures who have shaped our lives.

As we embark on a wonderful lunch, let us firstly acknowledge our dedicated Founding Committee, who have put today's event together. They are a group of incredible women. Supporting the Founding Committee are our Gidget team and of course, our passionate volunteers. Events are made up of many parts, so thank you to everyone who has been involved, we couldn't do what we do without you.

Thank you again for your support of both the Gidget Ladies' Lunch and Gidget Foundation Australia. We are driving real change and conversations in the area of perinatal mental health, and that's something we can all be very proud of.

Please enjoy yourselves today - Hakuna Matata!



A handwritten signature in black ink that reads "Kara Nicholls".

**KARA NICHOLLS**  
Chairperson



A handwritten signature in black ink that reads "Arabella Gibson".

**ARABELLA GIBSON**  
Chief Executive Officer

# MENU

## ENTRÉE

Yellowfin tuna, spanner crab roulade, nashi pear, white soy jelly, avocado, burnt chilli and blackened onions

## MAIN COURSE

Roasted free-range Girraween chicken, chicken croquette, corn puree, charred corn and pencil leeks

## DESSERT

Golden Gaytime mousse and caramel honeycomb

Tea & Coffee with petit fours

# BEVERAGES

The African Dawa Cocktail

Seppelts Great Entertainer Sparkling

Castleforte Pinot Grigio

Gillard Bertoulet Provence Rosé

Torbreck Juveniles GSM

Veuve Clicquot for purchase \$100 per bottle

## POST EVENT DRINKS

Wine and Sparkling by the glass \$10

Veuve Clicquot by the glass \$20

Veuve Clicquot by the bottle \$100

Espresso Martinis by Kahlua \$20

# PROCEEDINGS

**WELCOME** | Leila McKinnon Event MC

**CEO'S ADDRESS** | Arabella Gibson

## ENTRÉE

**GUEST SPEAKER** | The Honourable Julie Bishop

## MAIN COURSE

**NSW MINISTER FOR MENTAL HEALTH, REGIONAL YOUTH & WOMEN**  
The Honourable Bronnie Taylor, MLC

**NSW DEPUTY PREMIER, MINISTER FOR REGIONAL NSW, INDUSTRY & TRADE**  
The Honourable John Barilaro, MP

**CHAIRPERSON'S ADDRESS** | Kara Nicholls

## DESSERT

**SILENT AUCTION CLOSES** | 2.45pm

**RAFFLES DRAWN** | 3.00pm

**Tea, Coffee and Petit Fours**

**POST-EVENT DRINKS** | Level 5 Foyer until 5.30pm



# TODAYS SPEAKERS

## THE HON. JULIE BISHOP

The Hon Julie Bishop served as Australia's Minister for Foreign Affairs from 2013 until her resignation in 2018. She was the first female to hold the role as well as the first female Deputy Leader of the Liberal Party, serving for 11 years.

In February Julie announced that after a political career spanning 20 years as the Member for Curtin, she would not re-contest the 2019 federal election.

Julie was responsible for strengthening Australia's key strategic and economic relationships and led the international response to the downing of Malaysian Airlines flight MH17 over Ukraine. She also developed the 2017 Australian Foreign Policy White Paper, providing a comprehensive policy framework to ensure Australia's prosperity and security in an increasingly contested and competitive world.

Under her leadership, the New Colombo Plan was established in 2014 providing opportunities for undergraduates to live, study and work in the Indo Pacific region within five years over 40,000 students have participated in the Plan.

Prior to entering politics Julie was managing partner of law firm Clayton Utz in Perth.



## LEILA MCKINNON

Leila McKinnon is a journalist with 25 years experience in broadcasting and writing. She started as a cadet cattle reporter, before going on to become a foreign correspondent and news and current affairs host for the Nine Network.

Most importantly she has interviewed William and Harry, and Beyoncé - twice.



## THE HON. BRONNIE TAYLOR, MLC

For 20 years prior to her election, Bronnie was a registered nurse, specialising in cancer care and palliative care. Her work in these fields saw her become one of the first McGrath Foundation Breast Care nurses, and then on to become the Director of Cancer Services in the Southern NSW Local Health District.

Her political journey is one of an 'accidental activist', becoming involved in politics only due to her frustrations with the 'system' and its implications for regional patients. Bronnie served as the Deputy Mayor of the Cooma-Monaro Shire and became involved in the National Party, before being elected to the Legislative Council in 2015.

In August 2016 Bronnie was appointed Parliamentary Secretary for Southern NSW and Regional Communications.

In January 2017, she became Parliamentary Secretary to the Deputy Premier and Southern NSW. She is passionately committed to our rural and regional communities, and in particular about health and education outcomes, local government and agriculture. After the 2019 State election, Bronnie was appointed Minister for Mental Health, Regional Youth and Women.

Bronnie is married with 2 daughters and is part of a family farming operation at Nimmitabel.

## THE HON. JOHN BARILARO, MP

John (Giovanni) Barilaro was born in Queanbeyan NSW to Italian migrant parents who arrived in Australia in 1968. Their hard working and selfless approach was an example which instilled in him strong values of family and community service.

John entered politics in 2008, standing for election to the Queanbeyan City Council because he believed the mums and dads of his community needed a greater say on the decisions that affected them and their local area. Three years later John stood as a candidate at the State election because he saw The Nationals as the only party that could truly deliver a fair share for rural and regional areas. He is passionate about youth in our regions, and works tirelessly to ensure they have the opportunities to live, work and raise a family, close to home.

John still lives in Queanbeyan with his wife Deanna and their three daughters. He is the proud Member for Monaro and in 2016 was elected Leader of the NSW Nationals and Deputy Premier of NSW. He is currently the Minister for Regional New South Wales, Industry and Trade.



**\$300  
RAFFLE**

## ULTIMATE GIRLS DAY OUT

**VIP PACKAGE FOR 10 PEOPLE  
PURCHASE YOUR BALLOON – ONLY 200 TICKETS**



You and your nine guests will be transferred from North Sydney to Brooklyn by limousine where you then will be transferred up the Hawkesbury River to one Sydney's best kept secrets, Peats Bite.

Your group will be spoilt while enjoying a leisurely waterfront lunch and then transferred back to North Sydney at its conclusion.

Peats Bite has mastered the ultimate long lunch with a dedication to local produce, boutique wineries and entertainment in a very relaxed atmosphere.

Please purchase your animal print balloon to be part of this special raffle.

The date of your Peats Bite adventure will be subject to availability and must be taken on a weekday and excludes December and January.

***Valid until 30th March 2020***

Proudly donated by



ABERCROMBIE & KENT

\$200  
RAFFLE

# SAFARI TO BOTSWANA



**INCLUDING BUSINESS CLASS  
FLIGHTS WITH VIRGIN AUSTRALIA  
AND SOUTH AFRICAN AIRWAYS**

Your prize is a 10 day 9 night luxury Abercrombie & Kent safari to Botswana for two people including return business class flights from Sydney to Johannesburg via Perth.

## INCLUSIONS

- Two nights at Sanctuary Chobe Chilwero (Chobe National Park), two nights at Sanctuary Stanley's Camp (Okavango Delta), and three nights at Sanctuary Chief's Camp (Okavango Delta)
- Two nights at Athol Place Boutique Hotel, one each side of the safari
- Game viewing activities on shared basis with professional safari guide
- All international and domestic flights
- All road transfers
- Breakfast, lunch and dinner daily while on safari, all drinks (excluding premium brands)
- A&K airport welcome, assistance with luggage, and transportation by 4WD Land Cruiser, complete with bottled water.

**Valued at \$50,000**

Kindly donated by



Abercrombie & Kent



**Virgin** australia

**SOUTH AFRICAN AIRWAYS**  
A STAR ALLIANCE MEMBER

The prize is valid for travel before 30 November 2020 and is subject to availability, with blackout dates from 1 July to 31 August 2019, and 1 July to 31 August 2020. A&K's standard booking

**'Terms and Conditions'** apply to the prize.

## CALIFORNIA DREAMING

\$100  
RAFFLE



**TWO BUSINESS CLASS AIRFARES TO LOS ANGELES  
FLYING VIRGIN AUSTRALIA  
+ 7 NIGHT TOUR FOR TWO FROM LAS VEGAS TO  
LOS ANGELES VIA CALIFORNIA'S GREAT NATIONAL PARKS  
+ 6 NIGHTS ACCOMMODATION FOR TWO IN LOS ANGELES**

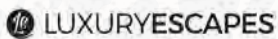
7 night tour includes all breakfasts, 2 lunches and 4 dinners.

Visit Yosemite National Park, Sequoia National Park, Kings Canyon National Park, Mammoth Lakes, the summit of Mammoth Mountain on a scenic gondola ride, Death Valley National Park, Las Vegas and Los Angeles.

Plus 2 nights at The Peninsula Hotel and 4 nights at Montrose West Hollywood.

**Valued at \$30,000**

Kindly donated by



**TRAFALGAR**

**THE PENINSULA**  
BEVERLY HILLS

## DIAMOND PENDANT NECKLACE

\$50  
RAFFLE



Get ready to shine with a timeless 18ct white gold double circle pendant and trace chain designed especially for Gidget Foundation Australia's Ladies' Lunch.

This beautiful handcrafted pendant features 52 diamonds equalling 1.10ct, and the refined trace chain features 10 diamonds equalling 0.30ct.

Add some bold sparkle to any elegant occasion with this stunning statement piece.

*Valued at \$4,850*

Kindly donated by



A PALLION COMPANY

# GIDGET GOODIES

AT THE MARKET PLACE

\$30

## GIDGET CANDLES

A great gift idea for Mother's Day, Fêtes des Mères (Mother's Day) and Lunechien (Moondoggie)



## BUNNYBOOKS COLLECTION

Gidget Foundation Australia's Bunny Books are a collection of four very special stories for little people, with psychological strategies to help parents.

The Bunny Books have each been written based on different strategies to help new parents with common problems that arise, equipping them with what they need to step into parenthood happily and powerfully.

\$40

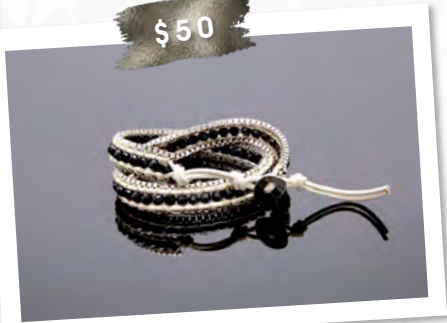


## LIMITED EDITION 2019 GIDGET BRACELET

This gorgeous wrap bracelet features black faceted crystal beads lined with premium white leather and iron box square link chains, all secured with organic hemp rope, and is adjustable to suit your wrist.

Go on Safari in style with this eye-catching piece that's bound to turn heads!

\$50



Kindly donated by



# TAX DEDUCTIBLE PLEDGES

## HOW TO MAKE A PLEDGE

1. Go to: [www.gidgetlunch19.org](http://www.gidgetlunch19.org)
  2. View the 'Make a Donation' from the side menu
  3. Choose your item
  4. Click on preferred Pledge
- Or see one of our volunteers at the Admin Table

### **1. DONATE A BRICK AT GIDGET HOUSE NORTH SYDNEY, MERRYLANDS, QUEANBEYAN, WAGGA WAGGA, COFFS HARBOUR, DUBBO, TAREE OR TOOWOOMBA - \$100**

Located in North Sydney, Merrylands, Queanbeyan, Wagga Wagga, Coffs Harbour, Dubbo, Taree and Toowoomba, our Gidget Houses provide a free professional psychological support service for expectant and new parents suffering depression and anxiety. Donate a brick, personalised with your own dedication, at a Gidget House of your choice.

### **2. A FAMILY'S COMPLETE CARE WITH GIDGET FOUNDATION AUSTRALIA - \$1,260**

Enable a family experiencing perinatal depression and anxiety with the psychological support they require from the Gidget Foundation.

### **3. GIDGET FOUNDATION AUSTRALIA'S COMPASSIONATE FUND - \$2,500**

Gidget Foundation Australia's Compassionate Fund provides support to new and existing clients who are experiencing financial difficulties and who are unable to access Medicare funding to either commence or continue psychological consultations with a Gidget Foundation specialist clinician. The Compassionate Fund will specifically support both the Gidget House and Start Talking programs.

### **4. 'OUR STORY' VIDEO - \$4,500**

Gidget Foundation Australia will be producing a short video for use in submissions, grants and private funding opportunities to explain 'Our Story' to those people and organisations who are interested in helping us in our mission to drive awareness and sustain programs to help vulnerable people experiencing perinatal depression and anxiety.

### **5. SOFT PLAY AREA AT GIDGET HOUSE NORTH SYDNEY - \$7,500**

Gidget House North Sydney will be expanding later this year. Support this expansion by contributing to a soft play area and safety audit for little ones when they visit.

### **6. RAMP AT GIDGET HOUSE NORTH SYDNEY - \$10,000**

Gidget House North Sydney will be expanding later this year. Part of these expansion plans is to improve accessibility for parents who use our service by installing a ramp.

# SILENT AUCTION

## HOW TO BID

Go to: [www.gidgetlunch19.org](http://www.gidgetlunch19.org)

1. View the Silent Auction items from the side menu and check out over 90 prizes on offer
2. For more information on the prize, simply tap the item
3. Enter the amount you want to bid and press 'Place Bid'
4. If your details have not yet been captured, then the system will ask you to register before accepting your bid.
5. You can place a 'max bid' and the system will bid for you up to that amount.
6. If you are outbid you will receive an SMS with a quick link to bid again.

***If the silent auction items aren't your thing, then don't forget to check out the Pledge options for a tax deductible donation.***

## ITEMS



**MASERATI  
McCARROLL'S**



### **1. MCCARROLL'S MASERATI DELUXE ESCAPE EXPERIENCE**

Escape for the weekend, departing from McCARROLL'S MASERATI in a LEVANTE and head to the stunning Hunter Valley. You and your partner will enjoy two (2) nights' accommodation at the award winning Sebel Kirktion Park Hotel.

***Valued at \$2,750***



## 2. 10 TICKETS TO GIDGET'S MELBOURNE CUP LUNCH 2019

Gidget Foundation Australia's Melbourne Cup Luncheon is one not to be missed! Join us on Tuesday 5 November 2019 for the race that stops a nation. To toast the occasion, this prize includes a 1.5L magnum of Veuve Clicquot.

**Valued at \$2,500**

## TheSawtellHotel

### 3. THE SAWTELL HOTEL ESCAPE

Enjoy a golf day for four (4) people playing at the world-class Bonville Golf Course, including premium golf set hire and match day transfers. After the day relax with two (2) nights' accommodation and a \$200 food and drink voucher at The Sawtell Hotel.

**Valued at \$2,000**



### 4. LUXURY CHOPARD NECKLACE

This multi-faceted necklace in 18ct yellow gold is part of an edgy collection with a geometrical twist.

**Valued at \$2,300**



### 5. VEUVE CLICQUOT MASTERCLASS FOR 12 PEOPLE

Enjoy a 1.5-hour Veuve Clicquot Masterclass for you and 11 friends at your home or workplace. Sip four styles of Champagne while you learn about Madame Clicquot and the Clicquot Maison from Brand Ambassador, Linda McWilliam.

**Valued at \$2,000**



### 6. ELTON JOHN: FAREWELL YELLOW BRICK ROAD PACKAGE

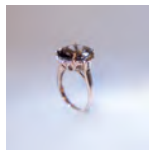
Don't miss Elton John's Farewell Yellow Brick Road global tour.



This incredible prize includes:

- Two (2) tickets to see Elton John in concert at the ICC Sydney Theatre on Monday 23 December 2019
- Enjoy dinner before the show at Nick's Restaurant & Bar Group with a \$150 dining voucher
- After the show, stay overnight on Monday 23 December 2019 at QT Sydney in a State Suite

**Valued at \$2,000**



### 7. SMOKEY QUARTZ ROSE 9CT GOLD RING

A stunning G. P. Israel Diamond original piece - 9ct rose gold ring with a round cut Smokey Quartz set in a four-claw filigree

setting with small brilliant cut diamonds in a scalloped settings.

**Valued at \$2,050**

### 8. \$2000 LASER CLINICS AUSTRALIA, BONDI JUNCTION VOUCHER



\$2,000 voucher to be used on skin and laser treatments at Laser Clinics Australia, Bondi Junction



### 9. SECRET WOMEN'S SERIES VOUCHER IN 2019 OR 2020

The Secret Women's Series: Bespoke, escorted journeys designed by women, for women. This \$2,000 voucher can be used toward any Secret Women's Series group departure in 2019 or 2020 which may include travel to the likes of Morocco, Egypt, India, China, Bhutan, Peru or Africa.



### 10. TASTE OF SYDNEY TOUR FOR 10 PEOPLE

This indulgent six hour extravaganza of Sydney's most vibrant precincts has plenty of delicious food and drink to devour along the way. Travel in a modern mini-van to discover a selection of Sydney's best restaurants, breweries, distilleries and cellar doors.

**Valued at \$2,600**



### 11. ZOOFARI AT TARONGA WESTERN PLAINS ZOO DUBBO

Retreat to the wild for an unforgettable safari at Zoofari Lodge. Two adults and two children will be able to stay overnight in a Bushland View Lodge at Zoofari Lodge. Package includes two-day zoo entry, two exclusive behind the scenes tours, an African banquet dinner and buffet breakfast.

**Valued at \$1,100**



### 12. FOUR (4) TICKETS TO SEE QUEEN & ADAM LAMBERT

Four (4) tickets to see Queen + Adam Lambert

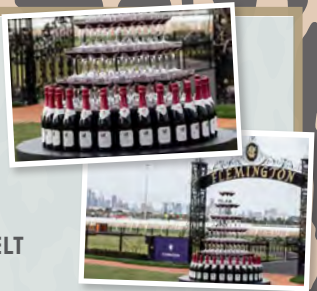
concert at ANZ Stadium on Saturday 15 February 2020.

**Valued at \$890**

### 13. FOUR (4) TICKETS TO HUGH JACKMAN SHOW

Four (4) tickets to Hugh Jackman – The Man. The Music. The Show on Wednesday 7th August 2019 at 8pm at Qudos Bank Arena.

**Valued at \$660**



### 14. FOUR (4) TICKETS TO SEPELLT STAKES DAY

Attend Seppelt Wines Stakes Day on Saturday 9th November 2019. Two couples will take part in the day's racing action from Treasury Wine Estates corporate hospitality suite, the exclusive Seppelt marquee, located within the famous Birdcage member's enclosure.

## RACHEL GILBERT

### 15. \$800 RACHEL GILBERT VOUCHER

Luxury infiltrates every element of the Rachel Gilbert brand. Treat yourself with an \$800 voucher from Rachel's Paddington Boutique.



### 16. MARKDALE TWO (2) NIGHT FARMSTAY

Enjoy the ultimate country getaway for up to four people in the two Bedroom Stone Cottage for two (2) nights.

**Valued at \$600**

## THE BUENA

### 17. DINNER FOR 8 AT BISTRO MOSMAN, THE BUENA VISTA

Bistro Mosman is a local favourite. Enjoy beautiful, traditional French cuisine with this lunch or dinner experience for eight (8) people to the value of \$1000.



### 18. \$1,000 VOUCHER - LASER CLINICS AUSTRALIA, BONDI JUNCTION

\$1,000 voucher to be used on skin and laser treatments at Laser Clinics Australia, Bondi Junction



### 19. TWO (2) TICKETS TO THE AUSTRALIAN OPEN 2020

The best names in tennis come to Australia for the Australian Open 2020. Don't miss a minute of the action. This prize includes two (2) tickets to one match on Rod Laver Arena, Melbourne Park. Tickets will include access to Nine's Private Lounge.

### 20. THREE (3) NIGHT HAWKS NEST GETAWAY

Escape the city for a three (3) night getaway at a waterfront unit in Hawks Nest. Perfect for two families or a large group of friends, this unit sleeps eight people and has a beautiful outlook over the Myall River.

Valued at \$750



### 21. \$1000 HUSK STYLING SERVICE GIFT VOUCHER

Whether it be clothing, homewares, accessories or footwear, enjoy shopping at HUSK with a \$1000 Gift Voucher.

### 22. FOUR (4) SWEENEY TODD TICKETS & DINNER AT MANJITS

Four (4) tickets to see SWEENEY TODD on Monday 15th July 2019 at Darling Harbour Theatre at ICC. Before the show, enjoy dinner at MANJITIS Wharf with a \$150 voucher.

Value \$962



### 23. TWO (2) NIGHT CHIPPEWA COTTAGE ESCAPE

Uber cool beach cottage with beautifully curated

interiors reminiscent of a 1960's beach house. Chippewa Cottage on the Gold Coast is the quintessential beach house and the perfect place for a two (2) night getaway.

Valued at \$1,200



CHIPPEWA COTTAGE  
LUXURY BEACH COTTAGE

### 24. ULTIMATE MAKEOVER-STYLE & WARDROBE OVERHAUL



Penelope, a Personal Style and Wardrobe Consultant is here to help you with the ultimate makeover – a style and wardrobe overhaul. Includes a three hour wardrobe overhaul and three hour shopping session.

Valued at \$890

### carla zampatti

### 25. \$500 CARLA ZAMPATTI VOUCHER

Carla Zampatti is synonymous with beauty, creativity and style. Spoil yourself with a \$500 voucher to be redeemed towards an item in her latest collection.

### 26. THREE (3) NIGHTS AT SEABREEZE BEACH HOTEL



Stay three (3) nights at the Seabreeze Beach Hotel and experience all the beauty that the South West Rocks has to offer. A \$100 dining voucher is also included. Suitable for either two couples in separate rooms or a family of up to five people.

Valued at \$650



### 27. NINE (9) WEEKS PERSONAL TRAINING AT VISION LANE COVE

This package includes nine (9) weeks of personal training at Vision Lane Cove. Make a bid to experience the Vision Personal Training difference.

### 28. TWO (2) NIGHTS' ACCOMM AT RANCHO SURFSIDE RETREAT AT CRESCENT HEAD



This beautifully restored original fisherman's cottage is perfect for your next beach holiday. Stay in a Bali Villa at Rancho Surfside Retreat, accommodating up to six people. Enjoyed the shared facilities such as the pool, tennis court and golf course.

Valued at \$866



### 29. \$400 ONE P VOUCHER

Designed and manufactured in Australia,

One P is the sustainable fashion label delivering choice and confidence for busy working women. Enjoy shopping online at [onepdesign.com.au](http://onepdesign.com.au) with your \$400 voucher.

### 30. STYLING SESSION FOR 10 PEOPLE AT WARRINGAH MALL



Enjoy a bespoke styling session for up to 10 people with Professional Stylist, Yasmin Afoa, at Westfield Warringah Mall in their luxurious private suite. Receive complimentary Valet Parking and a Champagne on arrival and a \$500 Westfield Gift Card.

**Valued at \$1,000**



### 31. LUNCH OR DINNER FOR SIX AT THE GLENMORE HOTEL

Enjoy lunch or dinner for six (6) people in the Club Room at The Glenmore Hotel in The Rocks.

**Valued at \$300**

### 32. NORTHERN BEACHES OUTDOOR FAMILY PHOTO SESSION



Create a beautiful memory with this one-hour outdoor family photo session taken on the picturesque Northern Beaches at a location of your choice. This pack includes:

- Follow up appointment to view and order images
- 40 edited digital images in both high and low resolution on a USB
- 5x7 inch print of your chosen 40 images presented in a keepsake box
- Custom App of your images; and an 8x12 inch matted print.

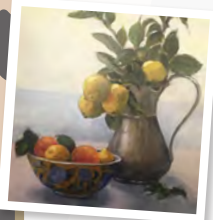
**Valued at \$1,000**

### 33. OIL PAINTING SERIES: 'STILL LIFE WITH FRUIT'

Painted with love by local artist and long-time Gidget supporter, Ronnie Mullan.

Dimensions of painting: 900 x 650mm

**Valued at \$500**



### 34. \$400 MANDALA LIVING VOUCHER



Wrap yourself in luxury with an item from the Mandala Living cashmere range. Spend your \$400 voucher at [mandalaliving.com.au](http://mandalaliving.com.au)

## BECKER MINTY

### 35. BECKER MINTY CRYSTAL GLASS BUD VASE

BECKER MINTY Crystal Glass Bud Vase is part of its Cubik Collection. Vase size: 8 x 8 x 20cm

**Valued at \$375**



### 36. HAPPETITE GRANDE FIVE NIGHT FAMILY PACKAGE

Happette offers feel-good food gifts for all occasions. The Grande Five Night Family Package includes five

main meals, salad, bread, dessert and wine, delivered to your door.

**Valued at \$250**

### 37. DINOSAUR DESIGNS SALAD BOWL & SERVERS



A classic design, the Medium Earth Bowl, paired with white marble Circle Servers are the perfect addition to any table setting.

**Valued at \$230**



### 38. VEUVE CLICQUOT JEROBOAM CHAMPAGNE 3L

This large and impressive Veuve Clicquot Yellow Label Brut Jeroboam NV stands tall

and proud holding a full three litres and comes presented in a stately wooden gift crate.

**Valued at \$700**

## STATE OF ESCAPE

### 39. STATE OF ESCAPE BAG

Luxe and formal, yet blissfully fun. The premium Guise neoprene tote is a strong directional twist on the signature Escape style.

Colour: Washed Pale Grey Denim Print

**Valued at \$365**



**BARANGAROO ORTHOPAEDIC  
AND SPORTS INJURY CLINIC**

**40 & 48.  
A 60-MINUTE  
REMEDIAL  
MASSAGE**

Enjoy a 60-minute remedial massage with Massage Therapist, Chris Foo at Barangaroo Orthopaedic & Sports Injury Clinic.

**Valued at \$110**



**41. FLEX BODY SIX (6)  
MONTH MEMBERSHIP**

Located in the heart of Northbridge, Flex Body is your health and wellbeing destination. This prize entitles you to a six-month membership providing unlimited Yoga, Pilates and Barre classes.

**Valued at \$962**

**42. TWO (2) TICKETS TO  
FLEETWOOD MAC:  
27 AUG 2019**



Two (2) tickets to see Fleetwood Mac in concert on Tuesday 27th August 2019 at Qudos Bank Arena.

**Valued at \$510**



**43. TWO (2) TICKETS TO  
FLEETWOOD MAC:  
15 AUG 2019**

Two (2) tickets to see Fleetwood Mac in

concert on Thursday 15th August 2019 at Qudos Bank Arena.

**Valued at \$510**



**44. PARENTS  
WITH KIDS + PETS  
PHOTOGRAPHY  
PACKAGE**

Capture beautiful photos of your family and pets together in this two-hour studio photo shoot. Package includes a large 8 x 12" beautifully retouched print to take home and remember the fun and affection enjoyed on the day.

**Valued at \$350**

**45. THE GOOD NUTRITION  
COMPANY PACKAGE**



Wellness comes from within, and wellbeing is built on good nutrition. This prize includes an individual nutrition consultation, a free membership to 'The Gut Health Dietitian' programs and a Gut Health Hamper.

**Valued at \$350**



**46. KIDS WITH PETS  
PHOTOGRAPHY  
PACKAGE**

Children and their pets share a special bond. Capture this bond with a two-hour studio photo shoot. This package includes a large 8 x 12" beautifully retouched print to take home and remember the fun and affection enjoyed on the day.

**Valued at \$280**

**47. BLING2O  
SWIMMING & WATER  
FUN ACCESSORIES  
PACK**



Bling2o have products that are sure to make children smile. Gear up for Summer with this Bling2o Swimming and Water Fun Accessories Pack.

**Valued at \$500**



**49. VIRTUAL  
COACHING  
FLOURISHING  
MOTHERS SESSION**

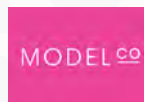
Kids growing up? Ready to assess what's next for you? Get a personal roadmap for a future that fulfils you. This prize includes a one-on-one virtual life-coaching or career-coaching session to plan what you'll do for your next phase in life.

**Valued at \$195**

**50. MODELCO HAMPER**

Pamper yourself with this ModelCo Hamper complete with a range of tanning and skincare products.

**Valued at \$350**



**51. \$200 GIFT  
VOUCHER FOR ANARI  
LINGERIE MOSMAN**

Let your shopping experience be a pleasure at Anari Lingerie Mosman, with a \$200 gift certificate.

**52. \$200  
VOUCHER FOR  
PUBLIC DINING ROOM**

Enjoy a casual fine dining experience in a relaxed luxury space at the Public Dining Room with a \$200 dining voucher.





**Bedrest Solutions**  
Taking care of you and the rest

### 53. TWO HOUR MATERNITY CONCIERGE PACKAGE

The perfect gift for an expectant or new parent, this gift certificate

will entitle the recipient to two hours of concierge services which can be used for household chores, babysitting, errands or simply getting on top of their 'to do list'

**Valued at \$80**

### 54. \$250 DINING VOUCHER AT CHINA DOLL



Enjoy Sydney's ultimate dining experience, with a \$250 voucher at the award-winning China Doll Restaurant.



**abundant™**  
NATURAL HEALTH

### 55. ABUNDANT NATURAL HEALTH BODY CARE PACK

Abundant Natural Health are passionate about uncovering Australia's best kept and natural secrets. Enjoy a selection of their skin and body care products.

### 56. PILU AT FRESHWATER DINING EXPERIENCE



Pilu at Freshwater is a quintessential Sydney dining experience. Enjoy an eight-course degustation with matching wines for two.

**Valued at \$518**



### 57. NURTURINGWAYS POSTNATAL CONSULT PACK

This is the perfect gift for a new mother! A postnatal consult pack consisting of four, two-hour one-on-one in-home consultations to address any concerns or needs. Internal and external resources will be provided to set up and build a village of support for the whole family.

**Valued at \$950**

### 58. HEAVENLY SURRENDER PACKAGE AT ENDOTA SPA THE ROCKS



Bring balance to your body and mind with this nurturing, aromatic experience. This 75-minute treatment combines elements of endota's Organic Infusion Facial and Organic Relax Massage.

**Valued at \$165**



### 59. BEATS SOLO3 WIRELESS ON-EAR HEADPHONES

With up to 40 hours of battery life, Beats Solo3 Wireless are your perfect everyday headphones. Colour: Satin Silver

**Valued at \$400**

### 60. DANDI HOMEWARES PACKAGE



Dandi specialises in the design and creation of beautiful textile patterns and innovative homewares. This Dani Homewares Package contains a tablecloth (8-seater), 8 napkins, pini, oven mitts & pot holder and ironing board cover.



### 61. HANDBAG BY NIKKI WILLIAMS + GIFT CERTIFICATE

Blending a modern feminine aesthetic with everyday practicality, this tan grained-leather saddle bag is a luxurious interpretation of bohemian style. Cut to a

horseshoe silhouette, the sleek leather cross-body bag is accented with gold-tone metal hardware and a braided leather tasselling – a signature detail that's woven by hand.

Plus, this prize also includes a \$100 gift certificate to spend at [www.nikkiwilliams.com](http://www.nikkiwilliams.com)

**Valued at \$399**

### 62. LUXURY PERFUME PACKAGE

Enjoy these designer perfumes, including; Dior: J'adore in Joy, Grandiflora; Queen of the Night Eau de Parfum, Therry Mugler: Alien Eau Extraordinaire and Dior: Sauvage Eau de Toilette.



**Valued at \$420**



**BARANGAROO ORTHOPAEDIC AND SPORTS INJURY CLINIC**

### 63. A 60-MINUTE STRENGTH & CONDITIONING SESSION

Challenge yourself with one-to-one conditioning training with Accredited Exercise Physiologist, Rachael Kent from Barangaroo Orthopaedic & Sports Injury Clinic.

**Valued at \$145**



**64. THREE GENERATIONS PHOTOGRAPHY PACKAGE**

Three generations in one room, beautifully captured in one photo. This package includes a large 8 x 12" beautifully retouched print to take home and remember the fun and affection enjoyed on the day.

**Valued at \$390**

**65. NIGHT AT FOUR POINTS BY SHERATON SYDNEY**

Four Points by Sheraton Sydney, Central Park offers an ideal location, friendly service and convenient amenities. Stay in a Superior Room and enjoy a full hot buffet breakfast in Central Quarter Restaurant the next morning.

**Valued at \$550**



**66. LANE COVE PAMPER/ DINING PACKAGE**

Pamper yourself with a \$200 voucher at Sloans of Lane Cove Hair Salon,

then head to Via Napoli to enjoy a \$150 dining voucher.

**Valued at \$350**

**67. EXECUTIVE COACHING PACKAGE WITH ARIANE VIRTUE**



This prize includes two, one-hour face-to-face coaching sessions with Ariane Virtue from FlexCareers. Allow Ariane to empower you with the skills you need to make work, work for you.

**Valued at \$3,000**



**68. ARLINGTON MILNE PAIGE TOTE BAG**

Keep the Safari theme going with this Paige Tote Bag in Spot Suede. Crafted from premium leather and offering a handle plus an adjustable crossbody strap for flexible wearing.

**Valued at \$365**

**69. \$500 ISUBSCRIBE MAGAZINE SUBSCRIPTION BUNDLE**

Enjoy an isubscribe Magazine Subscription for the whole family, to the value of \$500.



**70. FRIDAY LONG LUNCH AT MISFITS REDFERN**

Feel like kicking back and enjoying a Friday long lunch? You and three (3) friends or colleagues can enjoy the culinary delights of Misfits Bar & Dining in Redfern.

**Valued at \$250**

**71. LUNCH OR DINNER FOR 4 AT THE ROYAL LEICHHARDT**

Enjoy lunch or dinner for four (4) people on the Royal Botanical Balcony upstairs at The Royal Leichhardt.

**Valued at \$200**



**72. PAMPER DAY IN EAST SYDNEY**

Pamper yourself with a luxurious wash and blowdry at Prema in Surry Hills. Don't let the indulgence stop there! Enjoy a relaxed meal at bills, with a \$100 gift voucher. Savour your dining experience with a bills Cookbook.

**Valued at \$220**

**73. \$500 VOUCHER FOR THE TUDOR HOTEL REDFERN**

Hold your private party or corporate function at The Tudor Hotel in Redfern. This prize entitles you the winner to a \$500 voucher to be used towards this function.



**74. SKINSTITUT PRODUCT BASKET**

Pamper yourself with a range of Skinitut products.

**Valued at \$882**

## SYDNEY PHILHARMONIA CHOIRS

ARTISTS & MUSIC DIRECTOR BRETT WEYMARK

### 75. TWO (2) PREMIUM TICKETS - HANDEL'S MESSIAH

Bid for two (2) premium tickets to see Sydney Philharmonia Choirs' performance of Handel's Messiah and the 'last hallelujah' in the Sydney Opera House Concert Hall before it closes for renovation.

**Valued at \$250**

### 76. HIGH TEA FOR TWO AT SOFITEL SYDNEY WENTWORTH

**SOFITEL**  
HOTELS & RESORTS

SYDNEY WENTWORTH

Let yourself be tempted by a sumptuous and memorable High Tea for two in the Soiree Bar at the Sofitel Sydney Wentworth. Toast the occasion with a glass of sparkling wine.

**Valued at \$119**

### MOËT & CHANDON CHAMPAGNE

### 77. MOËT & CHANDON PACK

Thanks to our friends at Moët & Chandon, make a

bid on this pack which includes a branded overnight carry bag, cream coloured rain umbrella and a 1.5L Moët & Chandon magnum of Champagne.

**Valued at \$300**

### 78. ENTWINE INTERIOR DESIGN CONSULTATION

*entwine*  
INTERIOR DESIGN

Looking for inspiration to revamp a space in your home? Entwine Interior Design are here to help you. This prize includes a one hour design consultation in your home, as well as a professional proposal of concept ideas for your chosen space.

**Valued at \$250**

*the style*  
doctor

### 79. 2 HR PERSONAL STYLING & SHOPPING EXPERIENCE

The Style Doctor is giving away a two (2) hour Personal Styling and Shopping experience at

Westfield Bondi Junction for two (2) people.

**Valued at \$300**

*SARAH TOOKE*  
CHILDBIRTH & PARENTING EDUCATION

### 80. PRIVATE ANTENATAL CHILDBIRTH & PARENTING EDUCATION

Sarah Tooke is passionate about the value of quality education for pregnant women and their partners at this time. This package includes eight (8) hours of private, personal and professional antenatal education for expectant parents in the comfort of their own home.

**Valued at \$900**

### 81. IMAGE REFRESH WITH GEORGIE GEORGE STYLE

*GG*  
GEORGIE GEORGE  
style

Do you feel like you need an image refresh? If so, this prize is for you! First step is a style consultation with Georgie from Georgie George Style, followed by a wardrobe cleanse and guided shopping session.

**Valued at \$949**



### 82. GOLDEN 8 SKINCARE PACKAGE

Golden 8 is an exclusive Australian Skincare Brand which uses the remarkable healing properties of Australian Crocodile Oil. Take

home the entire Golden 8 product range, as well as a travel essentials kit.

**Valued at \$500**

### 83. STANHOPE TRADING CO. HAMPER

Enjoy the delights of this Stanhope Trading Co. Hamper, which includes two outdoor cushions, a Noosa Living bracelet, Signature 80-hour 'Bamboo & Lily' candle all bundled in a beautiful wicker basket.

**Valued at \$150**



### 84. \$100 VOUCHER AT MAREE'S HAIR & BEAUTY



A local gem, Maree's Hair and Beauty Naremburn, are giving one lucky bidder a \$100 hair voucher.

*the mumsie*

### 85. \$100 VOUCHER FOR THE MUMSIE

Mumsie - It's the 'go to outfit' when you need to be prepared for anything. Spend this \$100 voucher at themumsie.com

# REVLON

## 86. REVLON GIFT BASKET

A gift basket of Revlon products to the value of \$500.

## BIOEFFECT 87. BIOEFFECT GIFT HAMPER

A BIOEFFECT Gift Hamper valued at \$500.



Elizabeth Arden  
NEW YORK

## 88. ELIZABETH ARDEN GIFT BASKET

Elizabeth Arden Gift Basket valued at \$500.

## 89. ESCAPE TO HILTON SURFERS PARADISE

Escape to Hilton Surfers Paradise. This prize includes return economy flights for two (2) people from Sydney to Gold Coast. Once there, stay two (2) nights in a Hilton Guest Room including full buffet breakfast in Catch Restaurant daily for two people.

Valued at \$1,700



## 90. EXCLUSIVE 30x30INCH FRAMED FAMILY PORTRAIT

Bid on an exclusive 30x30inch framed family portrait, captured by Nicholas Fiennes. This prize includes the complete photographic experience with the shoot taking place in your own home with interior styling, hair and make-up provided for the photoshoot. Also included is post production, printing and framing.

Valued at \$10,000



## 91. \$300 VOUCHER FOR LONG LASHES BY CANGRO

Want stronger, fuller lashes? Spend this \$300 voucher to purchase anything online at [www.cangro.com.au](http://www.cangro.com.au)

## 92. \$300 VOUCHER FOR FIOLA ROSE SWIM

Get Summer ready with a \$300 voucher to spend at [fiolaroseswim.com](http://fiolaroseswim.com) on either swimwear or resort wear.



## 93. GILLIAN ADAMS SPA PACKAGE

Indulge all your senses with this package from Gillian Adams Salon & Spa. Includes an aquamedic pool and steam, aromatherapy massage and Le Classic facial, followed by a gourmet lunch, a luxury spa pedicure, shampoo and blow wave.

Valued at \$550



## 94. YOUR SHARE IN HINCHINBROOK X KOONOOMOO '17 FILLY

Imagine leaving the Gidget Ladies' Lunch with a share in a race horse?! Well this could be a reality with this incredible prize from miRunners. The successful bidder will receive an ownership unit in the precocious Hinchinbrook X Koonoomoo '17 filly. Included is a full three years owner experience, with all ongoing fees.

Valued at \$1,000

# ABOUT US

Gidget Foundation Australia is a not for profit organisation that provides programs to support the emotional wellbeing of expectant and new parents.

The Gidget Foundation evokes Gidget's warmth and lively spirit. Established by Gidget's friends and sisters, the Foundation has grown and is now supported by passionate individuals, community leaders and health professionals.

Nearly 1 in 5 mothers and 1 in 10 fathers will experience perinatal depression and anxiety that is often hidden and not fully understood. It impacts around 100,000 Australians each year, and suicide is the leading cause of maternal death.

Nearly 50% of all parents experience adjustment disorders.

## PROGRAMS INCLUDE:

- Gidget House – 10 free clinical psychological sessions for expectant and new parents in person at North Sydney, Merrylands, Queanbeyan, Karitane Randwick, North Shore Private and The Mater.
- Start Talking program – 10 free clinical psychological sessions for expectant and new parents via Video Call, available nationally.
- Gidget Emotional Wellbeing Screening Program – Pre-admission midwife screening and support for pregnant women at selected hospitals.
- Gidget Emotional Wellbeing Workplace Program – Tailored programmes for employees and management to promote engagement and developed strategies for mentally healthy workplaces.
- Education, Research & Online – Tools for the community and health professionals as well as professional medical contribution to media and professional publications.

For more information visit [www.gidgetfoundation.org.au](http://www.gidgetfoundation.org.au)

We thank you for your generous support of **Gidget Foundation Australia**.

## GIDGET GUARDIANS

A very special accolade has been bestowed on those people who 'fly the flag' for Gidget Foundation Australia, those who have gone above and beyond in supporting the Foundation's mission.

The following people have been awarded this honour for being a guardian of our cause.

ALEXANDRA BERTHOLD  
DAVID BLACKER  
JASMINE BLACKER  
JARROD BOWDITCH  
LIBBY BOWDITCH  
DAVID COTTON

JACQUI COTTON  
SUE COTTON  
LISA HENSLEY  
STEPHANIE HUGHES  
LOU HUNTER  
BETINA KING

CATHERINE KNOX  
KIM MOURET  
KAREN PLATT  
DR. VIJAY ROACH  
MARTIN SHORT  
SIMONE SHORT

## AMBASSADORS

We are delighted to have a number of wonderful supporters who act as Ambassadors advocating for the Foundation by promoting our cause and our mission within their various networks.

KERRYN BAIRD  
KYLIANNE FARRELL  
BRIGID GLANVILLE  
MOLLIE GRAY

LISA HENSLEY  
ALLISON LANGDON  
ANTOINETTE LATTOUF  
CHELSEA POTTENGER

AMBER SHERLOCK  
DAVINA SMITH  
CHLOE SHORTEN

## GIDGET ANGELS

The Gidget Foundation is fortunate to have a dedicated group of people who have agreed to tell their story to support us. In recognition of their commitment and bravery in doing so, we call them our Gidget Angels.

MILLY BRIGDEN  
KATRINA BUCHANAN  
DEBRA CLOSE  
HAYLEY CLARKE  
PETA DAMPNEY  
JODI GEDDES

AMY HARRIS  
ESTHER KWIET  
JODIE MATTHEWS  
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ROBINSON  
MONIQUE TREDER  
LIZZY WILLIAMSON

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LIBBY BOWDITCH  
JACQUI COTTON

LOU HUNTER  
STEPHANIE HUGHES

LISA HUMPHRIES  
SIMONE SHORT

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## MAJOR SPONSORS



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Without the following supporters, today's event would not be possible.



Abercrombie & Kent



VOGUE



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NEW EAU DE PARFUM



**YVES SAINT LAURENT**



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